

CONFIDENTIAL

**Worshippers who attended
Central Mosque Edinburgh
at 14:00 until close on 16/04/21**

Date 20th April 2021
Your Ref HPT/I&AwTest
Our Ref Health Protection Team

Enquiries to Health Protection Team
Direct line 0300 790 6264
Email health.protection@nhslothian.scot.nhs.uk

Dear Sir / Madam,

Re: Advice to seek a test following recent contact in a COVID-19 outbreak investigation

I am writing to inform you that you have been identified as a contact in a COVID-19 outbreak, which has arisen following prayer on 16th of April 2021.

NHS Lothian Health Protection Team has gone through a process of identifying people who were in close contact with the affected individuals but are now contacting **all attendees** of prayer on the date above, to recommend they **seek a COVID-19 test** if they have not done so already. This is due to the potential for a high number of cases and is an additional precaution.

How to organise your COVID test

- If you have access to the internet go to www.gov.uk/get-coronavirus-test
- Go through the questions, when asked select: *'My local council or health protection team has asked me (or someone I live with) to get a test, even though I do not have symptoms'*
- If you do not have access to the internet phone 0800 028 2816 and explain that you have been asked to be tested by your local Health Protection Team.
- You should **isolate** until you have the result of the test.
- There is no need for your household to isolate until you know the result of your test, unless you have developed symptoms. More detail on what to do if you have developed symptoms are below.

What to do if you develop symptoms of COVID-19

- If you have developed symptoms of COVID-19 you should isolate along with your household as well as being tested.
- You and your household should stay at home for 10 days from when symptoms start.
- Household members should not go to work or school. No one should visit your house. No one should leave your house to go to shops, public areas, or use public transport. See the website below for more information.
- www.gov.scot/publications/coronavirus-covid-19-test-and-protect/pages/who-needs-to-self-isolate/

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are:

- a new continuous cough and/or
- a high temperature and/or
- a loss of, or change in, taste or smell (anosmia).

For most people, coronavirus (COVID-19) will be a mild illness.

You can seek further information from [NHS Inform](#).

Yours faithfully,

Dr Richard Othieno
Consultant in Public Health Medicine
NHS Lothian